

~MESSAGE FROM THE CHAIR~

Jeanne-Marie Havener, Ph.D., APRN, CNS

Recently my children introduced me to the world of Facebook and, much to my surprise, the simple act of signing on as a 'friend' to my daughter's account led me into a world of unimaginable connectivity. Within a very short period of time, I suddenly found myself connected to a large number of former alums. Not surprising are all of the wonderful things that these former students are doing in their careers and personal lives. From the bedside to the boardroom, our alums are doing some very impressive things that make a difference in the lives of those they serve. To me this is what makes teaching so rewarding. I am reminded that, like a ripple moving across a pond, nurse educators make a difference. Sometimes it is easy to forget this.

For those of you who have kept in touch with your classmates, you know that those personal connections that you made as classmates were strong ones and, although they may fade over time, they are permanent. Classmates share a common experience that bonds them together. They have seen each other through the good and bad times, the laughter and the tears, and many memorable moments. So...based on my own recent experience, I would suggest that you stay or get connected.

As Chair of the Department, I am always glad to hear from our alums and grateful, particularly in these tough economic times, for your continued support of our lab and scholarship funds—support we cannot do without. We also look forward to seeing you when you return to campus for Homecoming & Reunion Weekend (or any other excuse); it affords such a pleasant opportunity to reminisce and catch up. While some things on campus have changed since you left, some things, such as the reputation of the Department, endure. We are proud to have you as our alums and we thank you for everything that you continue to do to make the world a better place. Please keep in touch!



NEWS BRIEFS

■ **The New York State Health Foundation has awarded a grant** to provide faculty support for an 18-month Accelerated Nursing Education Program at Hartwick being developed by the Department of Nursing for adults who have previously earned a degree in something other than nursing. The program is designed to help alleviate the shortage of nurses in upstate New York.

■ **Hartwick's Three-Year option plan** for the generic Nursing student who qualifies will be offered starting in fall 2009. Students will be required to take the total number of credits required for a Hartwick College B.S. in Nursing over the course of three academic years and one summer session.

■ **Nursing Exhibition ■ Jessie Henson '10**, a Hartwick History major, completed an interpretive plan for the History of Nursing exhibition at Hartwick. Yager Museum Coordinator Donna Anderson will work with Jessie on the research. Contacts with alumni will be assisted by Alumni Relations Director Duncan Macdonald '78 and VP for Institutional Advancement Seth Haight '96. It is projected that the opening of the Nursing exhibition will be October 2009, just in time for Homecoming & Reunion.

FACULTY NEWS

■ **Jennifer Kurowski Panzarella '97** has joined us as clinical faculty for Women's Reproductive Health at Bassett Healthcare.

■ **Dr. Jeanne-Marie Havener** served as a judge for the 21st Annual Scientific Session of the Eastern Nursing Research Society. She will be a presenter for CHAHEC's 2009 Nursing Summit at NYSNA Headquarters in Latham in August. Dr. Havener will present on "The Use of Technology and Other Teaching Methods for Developing a Multigenerational Workforce."

■ **Professor Penny Boyer** and **Amelia Feller '09** presented a poster, "Clinical Alarm Response: Breaking through Nurse Complacency," at the Annual Scientific Session of the Eastern Nursing Research Society in March.

■ **Theresa Turick-Gibson, M.A., PNP-BC** has been accepted into the Ed.D. program, educational theory and practice at Binghamton University for the fall 2009 semester. She continues to teach Pediatric Nursing, Trends & Issues, Pathophysiology, and Health Assessment lab and maintains her clinical practice part-time as a PNP at the Laurens School-Based Health Center.

■ **Professor Tina Sullivan** successfully defended her dissertation proposal in February at Binghamton University and is working on the IRB proposals for her research entitled "The efficacy of the 'Keep on Track' educational intervention and its impact on farm safety knowledge levels among rural school-age children." Also in February Tina received tenure and promotion to Associate Professor, effective at the start of the 2009-10 academic year.

■ **Professor Peggy Jenkins** has been requested to serve as a reviewer for *Critical Care Nurse*. This journal is an official publication of the American Association of Critical Care Nurses and is distributed to over 72,000 readers nationally and internationally.

Rural Health Nursing 2009— Connection, Friendship, Experience

By EMMELINE ELWOOD '10 AND CHRISTINA EVANS '10

While our fellow classmates were in Jamaica enjoying 80-degree weather, the five junior Nursing students remaining on campus had the opportunity to take Rural Health Nursing with Tina Sullivan; and, despite surviving the constant snow and occasional blizzard, we collectively enjoyed the experience. During the course, we became familiar with every setting available in rural health from hospice care to the dairy barn.

Public Health Nursing was an area most of us enjoyed. We 'shadowed' a nurse as she traveled around to the homes of patients throughout several towns in the area. In this context we were able to see firsthand the impact of isolation, poverty, and lack of employment on health. We became familiar with the different resources readily available to address individual needs. We were pleasantly surprised to learn that, despite the rural landscape, home-care visits, home physical therapy, "Meals-On-Wheels," and transportation services are available to those in need.

Another resource we learned about was Telehealth. Telehealth is a service provided by At Home Care Inc. in Oneonta for patients who require extensive monitoring. This service is convenient for patients because it allows daily nursing checkups for those living in isolated areas with "fragile" conditions in need of frequent monitoring. The system comes with "video visits," where the nurse can assess the patient's vital signs and listen to heart and lung sounds using advanced computer and telecommunication technology.

Oddly enough, part of the course required trips to a logging yard and a local farm to learn about the health hazards of these extractive industries. We became more familiar with the equipment used and were surprised by the many dangers that accompany the agricultural industry. Understanding health risks and how to prevent injury is a large part of nursing in a rural community. We even got to milk a cow!

Overall, this J Term experience was insightful and enjoyable. Rural Health Nursing is beneficial for future Nursing students because of the breadth of health issues that are addressed. While we didn't return with a sun tan, we developed meaningful friendships, made connections within our community, and gained an appreciation for rural people and the unique health issues they experience.



Transcultural Nursing 2009—Lives Changed

By KHADINE HARROW '10 AND KATHERINE VERGARA-CAJIAO '10

It was an average day at the Port Morant clinic in Jamaica, West Indies. Mr. Hamilton, the orderly, was running through the patient lounge catching chickens that had, once again, broken into the clinic....Needless to say...Jamaica presented the Nursing Class of 2010 with a unique experience.

Looking back, it is easy to recall the excitement on our faces as we, our three professors, and our fellow students (22 of us in all!) left for this small tropical island in the Caribbean. From the start of our journey we were challenged to accustom ourselves to a new and diverse culture; and, to a certain degree, we all experienced culture shock. We tasted new foods, breathed in the aromas of urban and rural life, listened to the rhythms of the Jamaican music, tuned our ears in to the thick Jamaican Patois, and experienced new social norms—all of which were foreign to us.

The memory of driving each morning to the various clinical sites while catching glimpses of the vast and beautiful ocean is one that will never fade. Like the crystal on the seas, the beauty of Jamaica and the spirit of the Jamaican people shone through even in the most poverty-stricken of areas. No matter where you looked, you were greeted with a warm smile and open heart.

On days that we were not in the clinics our professors and bus drivers made sure that we "fulljoyed" the beauty and sun with trips to the Bob Marley museum, Dunn's River Falls, Reich Falls, the Glistening Waters, Coyaba Gardens, and the 'Great House' of the Barrett Family. These trips helped us to "chillax" and brought to life some of our readings.

But in Jamaica we learn much more than just a few



phrases in patois; we learned about the resilient spirit and enthusiasm of the Jamaicans. We saw poverty firsthand and the limited supplies and resources the healthcare staff had to confront these realities on a day-to-day basis. We saw how, despite these challenges and other more alluring opportunities to go to 'foreign,' the public health staff continued to bravely do their jobs and tend to the needs of their community as a mother would her child.

The staff all welcomed us with open arms. We learned from them and became a part of their family. They led us out into their communities to meet the individuals and families they serve and, in doing so, helped us to gain entrée into a world we might never have been privy to. They worked with us to promote health and reduce health risks in their communities. Their guidance presented us with a new view into healthcare, one that was more community-

centered and culturally competent.

Looking back, it is hard to believe that the same 22 disparate classmates became such an inseparable bunch. Over the course of this trip we learned so much about each other and used this knowledge to accomplish goals we might not otherwise have accomplished. For example, while trying to patch holes in an elderly, blind client's roof, our taller classmates stepped in to give their shorter classmates a helping hand. In situations where we had a geriatric, a pediatric, a maternal health, and a diabetic patient, our class experts did not hesitate to offer their expertise. Even at points where the language evaded us, the Jamaican student in the group stepped in as translator.

Jamaica has proven to be much more than a nursing experience; it was a personal journey of individual growth and development. We were challenged to forge new relationships and to learn more about ourselves and our classmates in the process.

Spending our days in the field and our nights in the classroom, we explored Jamaican lifestyle and culture, the social and political determinants of health, and how to provide culturally competent care. In communities where teenage pregnancy and violence prevailed, our presence set an example to the youth that education is the key to opportunity. Likewise, we came to understand that with the privilege of an education comes responsibility. We also learned that nursing goes beyond the hospital; it is present wherever individuals choose to work and live.

Jamaica changed us—for the better. The lessons we learned while there echo in our minds. We are grateful for the experience and those who shared it with us.

UPCOMING EVENTS

Partnership Program Classes Offered

This summer the Partnership Program is continuing their classes at Bassett Healthcare and Hartwick College, including two courses at Pine Lake, a Nursing Research class, and a new language class. The language class, "Spanish for the Healthcare Professional," will be one of two new classes added to meet the requirements of the new Liberal Arts in Practice curriculum, which was initiated this past year at Hartwick. Applications are now being accepted for the fall 2009 class. Please contact Pat Davis at Bassett at 607-547-4806 or Lynda Selover at Hartwick College at 607-431-4789.

Homecoming & Reunion Weekend 2009

Nursing Alumni: Please help us celebrate the opening of the new exhibit about the Nursing Program in the Yager Museum of Art & Culture, which will open at Homecoming & Reunion Weekend, October 2-4. Nursing alumni will receive a letter in June with a questionnaire to complete about your nursing experiences at Hartwick. Share your memories and become part of the story of Nursing at Hartwick.



STUDENT NEWS

Bassett Partnership Graduation and Pinning

Connie Jastremski, M.S., APRN, vice president of Nursing at Bassett Healthcare, welcomed family, friends, and graduates on December 5, 2008 at Bassett Healthcare to celebrate the graduation of eight registered nurses. The RNs, who were part of the Partnership for Nursing Opportunities, were granted bachelor of science degrees with a major in Nursing from Hartwick. Dr. Katrina Zalatan, Dean of Experiential & Integrative Learning at Hartwick, awarded the Hartwick degrees. Professor Emerita Sharon Dettenrieder '65, MSN, RN, retired Chair of Nursing, presented each graduate with a Hartwick College nursing pin, and Alicia Beardsley '99, RN MS, NP, Bassett Healthcare RN, spoke of the significance of the Hartwick College nursing pin. The keynote speaker was Assistant Professor Tina Sullivan '00, MS, RN, APRN-BC, FNP, who spoke on the topic "Perseverance." Dr. William Streck, CEO and president of Bassett Healthcare, also spoke to the graduates about their contributions to Bassett. The December 2008 RN graduates were Annette Alexandra, RN; Michele Bodensiek, RN; Christina Bourgeois, RN; Dana Peeters, RN; Fariha Quereshy, RN; Elletta Sagendorf, RN; Julie Sloan, RN; and Karen Waterman, RN.



Senior Thesis Podium & Poster Presentations

Podium: Stacey Clark – The Use of Complementary Therapies to Reduce Pain in Burn Patients; Matt Cramer – Drug Abuse in the Nursing Population; Lauren Moak – Child Abuse

Poster: Elizabeth Alonzo – Health Coaching: A Paradigm Shift in Health Promotion and Prevention Practice; Jennifer Babcock – End-of-Life Care Education in Undergraduate Nursing Programs: Providing a Research-Based Curriculum; Samantha Bernholz – Sexually Transmitted Disease (STD) Prevention in Adolescent Females; Emily Biers – Gender Differences in the Emotional Effects of an Infertility Diagnosis and Treatment; Amelia Feller – Clinical Alarm Response: Breaking Through Nurse Complacency; Nicole Finger – Nursing Interventions for Children and Adolescents after the Death of a Sibling; Shana Wyckoff Hall – Pain in Children; Lindsay Kurtz – Can Children with Autism Spectrum Disorders Be Taught to Self-Manage a Chronic Illness?; Samantha O'Leary – Factors that Impact a Nurse's Discussion of Hospice Care to Terminally Ill Geriatric Patients and their Families; Dominica Roberts – Pediatric Agricultural Injuries: Implications for Nursing Practice; Richelle Schmidt – The Influence that Culture has on Obstetrical Clients' Pain Perception and Choice of Pain Control Method; Katherine Swanson – The Relationship between Horizontal Violence and Autonomy in the Nursing Profession; Nicole Timi – Female Genital Cutting: Nurse's Knowledge; Juliana Van de Krol – What Nurses Can Do to Help Adolescents Grieving a Parent Experience a Healthy Grieving Process; Rheanna Wright – The Nurses' Role in Promoting Prenatal Care among African American Women.



Amelia Feller '09, Sister Callista Roy, Ph.D., RN

Students and Faculty Collaborative Work

Elizabeth Sauerbier '10 and Professor Jenkins wrote a review of Wong, Huang, DiGangi, Thompson & Smith's research published in AIDS Education & Prevention for the Fall/Winter issue of *The Journal of the NYS Nurses Association*. Beth reviewed an article that explored gender differences in intimate-partner violence in South Africa and its correlation to depression, substance abuse, and dangerous sexual behaviors. Beth expanded her understanding of research methodology and widened her knowledge base related to the statistical analysis of the research by reading text books on Statistics and meeting with Dr. Gary Stevens in the Math Department.

Matthew Cramer '09 and Professor Jenkins reviewed Chang, L., Wang, K. & Chao, Y. (2008). Influence of physical restraint on unplanned extubation of adult ICU patients: A case control study. *American Journal of Critical Care*, 17(5), 408-415. Matthew explored a continuing patient care issue and life-threatening problem associated with using physical restraints in mechanically ventilated patients and the risk of unplanned self-extubations. In this study conducted in Thailand, Glasgow Coma Scale scores of 9 or higher and nosocomial infections were correlated to increased rates of self-extubation. After reviewing studies in North America and Europe and considering the ethical dilemma of beneficence vs. autonomy, Matthew questioned current practices and called for alternatives to the use of restraints in intubated patients. His research review will be published in the Spring/Summer issue of the *Journal of the NYS Nurses Association*.



Elizabeth Sauerbier '10

ALUMNI NEWS

- A correction from the fall 2008 Newsletter: Sandra Ford Attleson '57 was recognized and honored as the "Woman of Achievement" at the Zonta Club of Cortland, NY April 08. She began as a school nurse in 1964 and advanced to nurse practitioner, impacting many in her community. Her speech gave recognition and praise to Ms. Edith Lacey, Dean of Nursing at the time she attended Hartwick College. We were delighted to visit with Sandra at the 50th year reunion.
- Kelsey Schwabach '06 currently works at Children's Hospital Boston Cardiac Intensive Care Unit and in January joined with other Hartwick alumni involved with MetroLink on a panel to discuss their own experiences and share advice about transitioning from college to the work world.
- Lauren Greiner '08 is working on the high risk ante partum unit at Long Island's Winthrop University Hospital, where she is being exposed to a wide range of experiences.
- Aliria Munoz '07 is working on an oncology floor and taking classes part-time toward her master's in nursing education at Arizona State.
- Mary Kay Miller '97 is a nurse midwife and a nurse practitioner in Mississippi, who recommends reading *Birth as an American Rite of Passage*. Mary Kay keeps busy with their growing family and promoting "better ways of giving birth."
- Kathryn (Kasey) Connor '01, who works at the U.S. Public Health Service in Houston, announced her engagement to Lucian Blackburn. A fall 2009 wedding is planned.
- Donna Guyon Truland '78 recently corresponded with former Administrative Assistant Patricia Knapp to recall the "forbidden pinning ceremony" she and Claire Mallet Fagan '78, co-presidents of HCASN, organized. On a more serious note, Donna continues to work at Albany Medical Center, where she began after graduation, but has worked many years in rehabilitation nursing and has a certificate in wound, ostomy, and continence nursing. She starts her master's program this year.
- Sharon Dorff Conway '62 recently corresponded with Jeanne-Marie Havener, Nursing Department Chair, to share some highlights of the enduring friendships forged by the Class of 1962. The Class of 1962 has remained friends for almost 50 years and has an annual reunion at different locations around the U.S. They are grateful for the education and professional training they received at Hartwick and continue the Edith M. Lacey legacy to nursing in their endeavors. The 25 nurses in the Class of 1962 were Merriam Baker, Carol Beecher, Marilyn Bell, Ella Brink, Shirley Burlingame, Ann Collison, Sharon Dorff, Judith Engers, Rose Holdridge, Geraldine Hutton, Elizabeth Ireland, Margaret Jameson, Barbara Joseph, Karin Karlsson, Diane McClure, Sue Mosher, Mary Ann Noon, Jane Petreins, Patricia Post, Jeannette Reimann, Carol Stapleton, Norma Trotter, Emily Walter, Mary Lu Wade, and Helen Walthers. The positions these graduates held in hospitals have included staff nurse, assistant head nurse, head nurse, supervisor, assistant director of nursing. They have been school and college nurses, one at Hartwick; four clinical teachers; two college professors; two public health nurses, one developed a network of church parish nurses; and others worked for Hospice, Lamaze childbirth classes, and a doctor's office. One was a rehab specialist, an education consultant to the CA Nursing Association, and one created a clinic in San Francisco with her postgraduate nursing students. We honor the continued friendship of these 1962 Hartwick nursing graduates; they are truly inspirational!
- Nancy Busch, RN, M.A. '74 has been named clinical manager for the Women's Center at Yale-New Haven Hospital. Prior to joining YNH, Busch was the director of the family health center and outreach services at St. Vincent's Medical Center in Bridgeport, and the head nurse of ambulatory specialty clinics and staff development instructor at Norwalk Hospital. Busch has been active in her community as a board member and health task force co-chair of the Bridgeport Child Advocacy Coalition, City of Bridgeport Asthma Council, Child Guidance Nurturing Families Program, and Americares. She graduated from Hartwick College with a bachelor of science in Nursing and received a master of arts in nursing education and curriculum design from the Teacher's College, Columbia University.
- Amy Gardner '99 is the director of Fox Adult Day Center in Oneonta and recently was named "Best of the Best RN" for 2008. The selection was based on votes submitted by readers and you can see the Daily Star insert by signing on to their Web site. Amy continues to work on achieving her goal to complete the requirements for her nurse practitioner degree.
- Kari Sacco '05 moved home from California. Tara Sacco '03 continues in her post-master's CNS program at St. John Fisher, working with former Chair Dr. Dianne Cooney Miner.
- Congratulations to Bill and Shelley Mosher Dorritie '97 on the birth of their son, Lucas Howard Dorritie, who was born January 13.
- Eloise (Lala) Chan '06 and husband Dr. Chan are the proud parents of a daughter born May 8.
- Alaina Cole '08 will be married in June.
- Dana Peeters '08 is chair-elect of the nursing staff and Robin Stasilli '06 was named as the first elected chair of the nursing staff by the Professional Practice Association at Bassett Healthcare.
- Candace Jeffres '77 and Laurie Blatt '04 recently were named as new members of the Hartwick College Nursing Alumni Committee.
- Laurie Blatt '04 recently accepted a position as the new director of the Clara Welch Thanksgiving Home in Cooperstown.
- Amber Wells '05 is taking courses for her Women's Health NP and continues at Albany Medical Center in labor and delivery.



Nursing Students Without Borders Clothing Drive A Success, Thank You!

With the help of our Hartwick community, the Oneonta community, and Bassett Healthcare, we were able to gather substantial amounts of infant and children clothes, and medical supplies. The resources collected were distributed during the month of January by the Nursing students and faculty taking part in the J Term Transcultural Nursing experience in Jamaica. Clothes that were collected but could not be used for this specific purpose were donated to the Oneonta community, emphasizing our mission to provide resources to communities in need. We thank all who were involved for their generosity and making NSWB's first clothing drive a success.