



HUTMAN SCHEDULE SP 25

MONDAY

WICK WELLNESS HIGH HIIT

10:00
-11:30 AM

KIMBERLY
NOORLANDER

WICK WELLNESS FITNESS FUSION

1:00 - 2:30 PM
HEIDI TANNER

YOGA 5-6 PM YOLEYDI

TUESDAY

PILATES

11:00 AM
KALISSA

YOGA 4:30 -5:30 PM YOLEYDI

WEDNESDAY

WICK WELLNESS HIGH HIIT

10:00
-11:30 AM

KIMBERLY
NOORLANDER

WICK WELLNESS FITNESS FUSION

1:00 - 2:30 PM
HEIDI TANNER

PILATES 4:30 PM KALISSA

THURSDAY

PILATES

11:00 AM
KALISSA

YOGA 3:30 -4:30 PM YOLEYDI

FRIDAY

WICK WELLNESS HIGH HIIT

10:00
-11:30 AM

KIMBERLY
NOORLANDER

WICK WELLNESS FITNESS FUSION

1:00 - 2:30 PM
HEIDI TANNER

SATURDAY

SUNDAY

REJUVINATING YOGA (EVERY OTHER SUNDAY)

5-6 PM
YOLEYDI

WICK WELLNESS ARE ACADEMIC CLASSES, HOWEVER YOGA
WITH YOLEYDI AND PILATES WITH KALISSA ARE OPEN TO
ALL FACULTY AND STUDENTS:)

